

Review paper

Beneficial role of electrochemotherapy in locally advanced pancreatic cancer – radiological perspective

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Abstract

Irreversible electroporation (IRE) of locally advanced pancreatic cancer is an increasingly used method for unresectable pancreatic cancer that can be used in cytoreduction followed by surgical treatment and shows promising results in palliative care.

IRE is an ablative technique where electric pulses cause damage to the cell membrane leading to apoptosis without the destruction of stroma. The application of IRE increases the concentration of hydrophobic regimens like bleomycin within the tumor, what could improve the effectiveness of treatment. This fusion of those two treatments is called electrochemotherapy. In this review, the authors will discuss the radiological perspective of possible beneficial role of irreversible electroporation in relation with chemotherapy in pancreatic cancer treatment.

Key words: irreversible electroporation, pancreatic cancer, tumor ablation.

Introduction

Pancreatic ductal adenocarcinoma (PDAC) is one of the neoplasms with the most fatal clinical course, resulting in extremely low 5-year survival rates of about 7% [1].

In 2017 in Poland 3508 new cases and simultaneously 4864 cases of death due to the pancreatic cancer were registered.

Early detection is expected to be the most important factor in the treatment of PDAC, but it remains unsuccessful, and the majority of cases are not treated effectively. As for many other cancers, it is suggested that surgery is the only possibility of cure. However, only 10-15% tumors are eligible for resection, with up to 20% of 5-year survival rates. According to the NCCN guidelines v.2.2017 PDAC was divided into four classes: resectable (10%), borderline resectable (5%), locally advanced pancreatic cancers (LAPC) (25%) and metastatic PDAC (60%) [2].

Even if negative margin resection was found, the adjuvant chemotherapy is needed, and local recurrences are quite frequent.

Borderline and locally advanced cancers with the infiltration of local vasculature or other tubular structures do not present any distant spread. Borderline ones are resectable with the extended surgery. LAPC presenting deep invasion of local structures is technically not possible to be resected. Application of neoadjuvant chemotherapy can lead to downstage the tumor enabling higher percentage of R0 resection and longer median overall survival [3,4]. The optimal neoadjuvant treatment is still not known, but intensively explored and discussed in the scientific literature. The principal opinion about neoadjuvant chemotherapy indicates now FOLFIRINOX and gemcitabine/nab-paclitaxel as new standards in advanced cases [5]. Other options in LAPC treatment include radiotherapy and other local ablative therapies (radiofrequency abla-

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tion, microwave ablation, cryoablation, irreversible electroporation – IRE, or non-thermal IRE – NT-IRE). For all of these methods, the main idea is simple cytoreduction and downsize of the tumor to allow R0 resection.

Minimally invasive ablation methods

There is a growing trend in application of ablative techniques in inoperable pancreatic cancer. They offer a cytoreduction, local tumor control, and pain relief. Thermal local ablations lead to thermal denaturation of ablated tissues and do not respect the tubular and neural structures, thus are highly risky in pancreatic region. This short review aims to highlight the main differences between the ablative methods.

Thermal ablation methods

Radiofrequency ablation

Radiofrequency ablation (RFA) (Table 1) is the most widely used ablative method in solid organs, especially in primary and secondary liver lesions. It is also used in the pancreatic field. RFA uses high frequency current, which generates high temperatures that cause coagulative necrosis. The procedure is performed open or percutaneously by placing the electrode in the center of the lesion with temperature settings of 90°C for 5 minutes long. To reduce the risk of complications, the safe distance 10 mm to duodenum and 15 mm to porto-mesenteric vessels should be maintained [6,7]. The thermal effect in RFA causes com-

plications like duodenum and vessels injuries. Other adverse events include pancreatic fistula, porto-mesenteric thrombosis, bleeding, acute pancreatitis [8]. The incidence of complications increases with temperature > 100°C, without significant advantages. RFA shows heat-sink effect, where the bloodstream in adjacent vessels absorbs the heat, which is lowering the effectiveness of the procedure [9].

The results of a recently published phase II study on intraoperative RFA for LAPC reported a major complication rate of 53% using the Clavien-Dindo classification and 6% mortality [10].

Endoscopic guided radiofrequency ablation (EUS-RFA) provides better visualization of pancreatic field and does not result in major procedure related complications [11].

There are studies that support the prolonged survival rate after RFA in combination with chemotherapy, compared to RFA alone [12,13]. It is reported that RFA amplifies anti-cancer immune effect [14].

Microwave ablation

Microwave ablation (MWA) (Table 2) causes mechanical agitation of water molecules induced by microwaves, which results in thermal effect and leads to coagulative necrosis [15]. It can be performed percutaneously or intraoperatively. The generator is emitting microwaves through the antenna, which is placed directly in a tumor. This method shows high energy transmission through the tissues. As result, heat can be produced in larger areas. In comparison with RFA, MWA can be used for bigger lesions, it is characterized by higher temperatures and

Table 1. Selected studies on radiofrequency ablation

Study	Number of patients	Approach	Follow-up	Overall survival, median (months)	Progression free time (months)	Regression/stable disease rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Giardino <i>et al.</i> (2015) [92]	200	Open	1 year	19	13	NA	NA	NA	24.5 (12.5 RFA-related)	2.5
Girelli <i>et al.</i> (2010) [8]	50	Open	Median: 8 months	NA	NA	NA	NA	NA	24	2
Fegrachi <i>et al.</i> (2019) [10]	17	Open	NA	9	NA	NA	NA	NA	53% (36% RFA-related)	6
Frigerio <i>et al.</i> (2013) [12]	57	Open	12	19	10	3.5 without radiological signs of disease, 12.2 stable disease	12.3	NA	14 (3.5 procedure-related)	0
Giardino <i>et al.</i> (2012) [13]	167	Open	18 months (n = 107)	25.6	NA	NA	NA	NA	28 (17.7 RFA-related)	1.8

Table 2. Selected studies on microwave ablation

Study	Number of patients	Approach	Follow up	Overall survival, median (months)	Progression free time (months)	Regression/stable disease rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Carafiello <i>et al.</i> (2013), [16]	10	Open	Up to 12 months, mean 9.2	NA	NA	NA	NA	NA	30	0
Lygidakis <i>et al.</i> (2007) [17]	15	Open	Up to 22 months	NA	NA	NA	NA	NA	40	0
Ierardi <i>et al.</i> (2018) [18]	5	Percutaneous	6-12 months	NA	NA	100 partial response after 1 month procedure	NA	20 after 1 year	20	0

shorter ablation time [15]. Because of the difficulties in controlling the ablation zone size and high risk of side effects in the pancreatic field, this technique is not widely used in pancreatic cancer therapy. Despite that, some available studies show only minor complications (20-40%) and report the improvement of quality of life [16-18].

Cryoablation

Cryoablation (Table 3) causes intra- and extracellular freezing. The formation of ice crystals in extracellular space changes the osmolarity and results in cell dehydration, leading to cell death. Cryoablation can be performed percutaneously or intraoperatively. During the procedure, needle-like probes are placed in a tumor; the argon-gas-based unit generates cold and is cooling the tumor to around -150°C. The longevity of this process depends on tumor size and the number of probes. Afterward, the tumor is rewarmed, and the whole process is repeated. The 5 mm safety distance from major structures should be obtained. In analyzed studies, the local tumor control and the quality of life was improved, with no significant difference in overall survival rate [19,20].

Table 3. Selected studies on cryoablation

Study	Number of patients	Approach	Follow up	Overall survival, median (months)	Progression free time	Regression /stable disease rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Li <i>et al.</i> (2011) [19]	68	Open	Mean: 30.4 months	350 days	NA	65 (in 36 of 55 who had CT follow-up)	NA	NA	42.9	0
Song <i>et al.</i> (2014) [20]	42	Open	NA	5	NA	NA	NA	NA	NA	0

High-intensity focused ultrasound

High-intensity focused ultrasound (HIFU) (Table 4) is a completely non-invasive method, which does not require electrodes placement. The HIFU transducer is placed above the tumor area, it generates ultrasonography beam in the intensities range of 100-1000 W/cm². The soft tissues absorb the acoustic energy which is transformed to thermal energy and causes coagulative necrosis by two known mechanisms – cavitation and heat [21]. HIFU is also feasible for patients with metastatic disease. The most common complications include skin burn, pancreatitis, jaundice. In the review of 1717 pancreatic cancers treated with HIFU, the complications rate was 8.7% [22]. In analyzed studies, this method shows satisfactory results in pain management in majority of patients [23,24].

Photodynamic therapy

Photodynamic therapy (PDT) (Table 5) is less frequently used method that exposes tumor to light following an intravenous administration of photosensitizers (e.g., meso-tetrahydroxyphenyl chlorin, verteporfin, porfimer sodium).

Table 4. Selected studies on high-intensity ultrasound

Study	Number of patients	Approach	Follow up	Overall survival, median (months)	Progression free time (months)	Regression/stable disease rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Marinova <i>et al.</i> (2018) [93]	50	Percutaneous, US-guided	3 years	16.2	6.8	97.2 regression of tumor volume	NA	44 (10 local, 12 distant)	64	0
Sung <i>et al.</i> (2011) [94]	46	Percutaneous, US-guided	NA	12.4	NA	NA	NA	NA	67.3	0
Xiong <i>et al.</i> (2009) [95]	89	Percutaneous, US-guided	36 months	8.6 (stage II-IV)	NA	14.5 partial response 57.3 stable (no change)	28.1	NA	11.2	0
Zhao <i>et al.</i> (2017) [96]	38	Percutaneous, US-guided	NA	10.3 (low power cumulative HIFU) 6 (traditional HIFU)	NA	NA	NA	NA	NA	0
Yi <i>et al.</i> (2018) [24]	87	Percutaneous, US-guided	16	12.2	NA	8 complete response 28.9 partial response 41.3 stable disease	21.8	NA	28.7	0

Table 5. Selected studies on photodynamic therapy

Study	Number of patients	Approach	Follow up	Overall survival, median (months)	Progression free time (months)	Regression rate/stable disease (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Bown <i>et al.</i> (2002) [25]	16	Percutaneous	NA	12.5	NA	NA	NA	100 during follow up: 87.5 local, 12.5 distant	40	0
Hugget <i>et al.</i> (2014) [27]	15	Percutaneous	NA	15.5	NA	85 stable at 1 month, 46 stable at 3 months	15.3 distant metastases at 1 month	87.5 local, 12.5 distant	40	0
DeWitt <i>et al.</i> (2018) [26]	12	EUS	315 days	11.5	2.6	25 stable, 8.3 partial response	50	NA	58.3	8.3

um), which enables the tumor ablation. Light is delivered through small fibers placed percutaneously [25]. There are only few studies on PDT in pancreatic cancer, among relatively small groups of patients (up to 16 per study). In comparison with dominant ablative techniques, PDT shows a shorter survival rate [25-27].

Stereotactic body radiation therapy

Stereotactic body radiation therapy (SBRT) (Table 6) uses a high dose of tumor-targeted radiation with minimal margin. In comparing with standard radiotherapy, it is characterized by decreased destruction of surrounding

Table 6. Selected studies on stereotactic body radiation therapy

Study	Number of patients	Fractions	Follow-up	Overall survival, median (months)	Progression free time (months)	Regression/stable disease rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (n/%)	Mortality rate (%)
Algappan <i>et al.</i> (2016) [28]	208	Single fraction dose 12.5-25 Gy Multifraction dose 25-45 Gy	7.5	> 5 fractions: 11 months ≥ 5 fractions: 14 months	NA	NA	NA	27% local progression at 1 year	NA	NA
Gurka <i>et al.</i> (2017) [29]	38	25 Gy in 5 fractions Single fraction: 30 Gy	NA	14.3	9.2	3% partial response at 1 month 94% stable disease At 6 months local control in 82%	3% at 1 month	NA	Acute GI Grade I-II: n = 11 Late GI grade: n = 1	0
Rwigema <i>et al.</i> (2011) [97]	71	18-24 Gy in single fraction (68 patients) 24 Gy in 2 fractions (2 patients) 20 Gy in 2 fractions (1 patient)	6 months	10.3	71.7 at 6 months, 48.5 at 12 months	Local control: 77.3 for tumor volume < 15 ml, 57.5 for tumor volume > 15 ml	NA	71.7 at 6 months, 48.5 at 12 months	Acute – 38.1, grade I: n = 17, grade II: n = 8, grade III: n = 3 Late – 4.2, n = 3	0
Song <i>et al.</i> (2015) [98]	59	35-50 Gy in 3-8 fractions	10.9	12.2	13.85 months	13.6 total remission, 52.5 partial remission, 30.3 stable disease	13.6	NA	Grade I-II acute and late: 61 Grade III: 1.7	0

tissues. The total radiation dose varies between studies, in analyzed studies it ranges between 12,5-50,0 Gy [28,29,97,98]. SBRT is usually combined with chemotherapy [29]. As pancreas is a mobile organ, the targeted tumor dose may be received by surrounding organs. The reported complications include ulceration and strictures in GI tract, duodenal perforation [30]. The less common complications are seen in hypofractionated treatment in compared to single fraction SBRT [31].

SBRT is reported to improve local tumor control [32]. The systematic review and pooled analysis of 19 trials in patients with LAPC treated with SBRT by Petrelli *et al.* showed a median overall survival of 17 months, acute toxicity rate in the range of 0-36%, and chronic toxicity in the range of 0-11%.

Non-thermal tissue ablation

Irreversible electroporation

Irreversible electroporation (Table 7, Figure 1) is the result of high voltage electrical short pulses transmit-

ted through electrodes placed around the ablated zone. The high voltage pulses are changing the „electroorganization” of cells and lead to higher permeability of cell membrane (reversible electroporation), or irreversible effect ending with cells apoptosis (IRE). Ultrahigh voltage short pulses (MV in nanosec) also destroy intracellular membranes, but up to now, the clinical applications of this potentially curative methods are not known. As these techniques do not involve tissue heating, their safety profile is favorable.

In the second half of the last century, the short (ms) high (300-500 V/cm) voltage electric pulses were applied to permeabilize the cell membrane, and to allow the chemical substances to enter the cells. This effect is reversible, so the method is called reversible electroporation (EP). When the hydrophobic chemotherapeutics are used, the intracellular concentration of them raised up to 1000 times (bleomycin), comparing to the same tissue concentrations without EP [33]. It indicates that many times lower chemotherapeutics doses could be used to reach effective intracellular concentrations of these toxic substances.

Table 7. Results of representative studies on irreversible electroporation in locally advanced pancreatic cancer

Study	Number of patients	Approach	Follow-up	Overall survival, median (months)	Progression free time (months)	Regression rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Martin <i>et al.</i> (2012) [75]	27	Percutaneous, open	90 days	NA	NA	NA	NA	0	33	3.7
Martin <i>et al.</i> (2013) [78]	54	Percutaneous, open	Median: 15 months	20.0	Local 14, distant 15	NA	NA	50 (15 patients local, 12 distant)	59	2
Martin <i>et al.</i> (2015) [49]	200	Open	90 days	24.9	Local 12,4, distant 16,8	NA	NA	29	37	2
Kluger <i>et al.</i> (2015) [79]	50	Open	Median: 8.69	12.0	NA	NA	NA	58 (47 distant, 11 local)	19	11
Dunki-Jacobs <i>et al.</i> (2014) [80]	65	Percutaneous/open	23 months	NA	5.5 months in patients with recurrence, 12.6 months in patients without recurrence	NA	NA	26.2	57	NA
Månsson <i>et al.</i> (2016) [81]	25	Percutaneous	NA	13.3	NA	NA	NA	72 (7 local, 10 distant, 1 both)	44	NA
Månsson <i>et al.</i> (2019) [82]	24	Percutaneous	NA	13.3	NA	NA	NA	NA	25	4.1
Paiella <i>et al.</i> (2015) [51]	10	Open	NA	7.5	NA	Partial response: 40	NA	NA	10	10
Vogel <i>et al.</i> (2017) [83]	15	Open	NA	16	NA	NA	NA	NA	53	13.3
Scheffer <i>et al.</i> (2017) [76]	25	Percutaneous	12	17	12	NA	NA	NA	40	0
Zhang <i>et al.</i> (2017) [84]	21	Percutaneous	1 month	NA	NA	73.3	NA	NA	“Mild” no number	NA
Lambert <i>et al.</i> (2016) [85]	21	Percutaneous/open	NA	10.2	NA	24	NA	38	24	0
Narayanan <i>et al.</i> (2017) [52]	50	Percutaneous	NA	27.0	NA	NA	NA	NA	20	0
Yan <i>et al.</i> (2016) [86]	25	Open	NA	NA	NA	Partial response: 36	NA	36	16	NA
Leen <i>et al.</i> (2018) [87]	75	Percutaneous	11.7	27.0	15	Partial response: 31	3	38	25	0

Table 7. Cont.

Study	Number of patients	Approach	Follow-up	Overall survival, median (months)	Progression free time (months)	Regression rate (%)	Progression rate (%)	Recurrence rate (%)	Complications rate (%)	Mortality rate (%)
Belfiore <i>et al.</i> (2017) [88]	29	Percutaneous	29	14.0	NA	partial response 40.3	NA	3 (after 6 months)	NA	NA
Ruarus <i>et al.</i> (2019) [47]	50	Percutaneous	NA	17.0	10	NA	NA	46	58	1/2 (2-4) 1 euthanasia
Holland <i>et al.</i> (2018) [89]	152	Open	NA	30.7	22.8	NA	NA	21	18	2
Yang <i>et al.</i> (2020) [90]	74	69 open, 5 laparoscopic	46.9	1 year 97.2, 2 years 53, 5 years 31,2	1 year 69.1, 2 years 48.7, 5 years 28.8	NA	NA	52.7 (local 12.2, 40.5 distant)	NA	NA
Kwon <i>et al.</i> (2020) [91]	12	Open	19.7	24.5	19.2	NA	NA	NA	75 (minor)	8.3

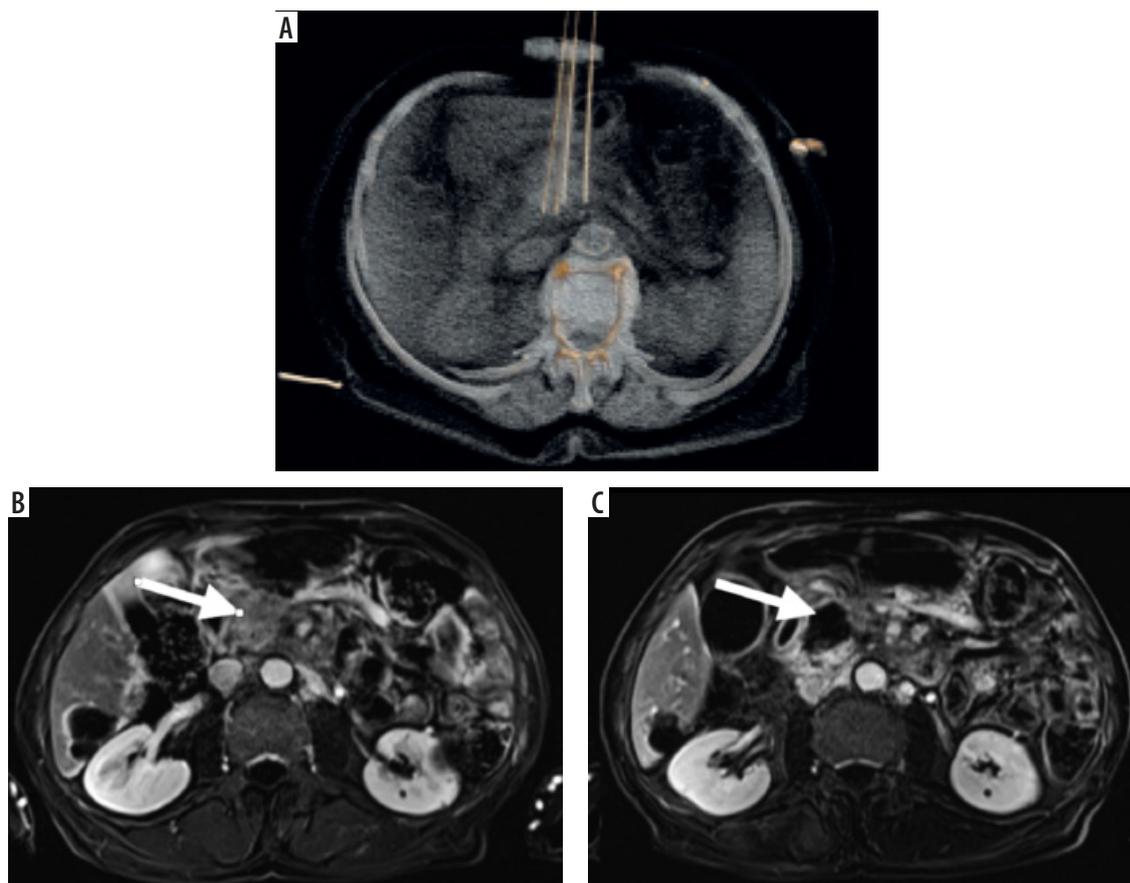


Figure 1. A) 3D reconstruction of irreversible electroporation procedure performed under computed tomography guidance. Electrodes are placed on the tumor borders. Below, the T1 FATSAT image after contrast media administration with subtraction shows the pancreatic tumor before treatment (B) and the ablation zone after the procedure (C)

For the first time this idea was exploited in practice by Eberhard Neumann and Kurt Rosenheck and described in “Journal of Membrane Biology” in 1972 [34] afterward

it was described by Kulbacka *et al.* in 2017 [35]. The effect of temporary cell membrane electroporation has started multiple investigations in the delivery of many chemical

substances, microorganisms, and nanoparticles into the cells. Electrochemotherapy is the modality when cytostatics are transported into the cells using electrical pulses.

The most commonly used is millisecond EP with relatively low voltage (up to 500 V/cm) to introduce genetic material, lipid nanoparticles, and some drugs into the cells [36,37]. The nanosecond pulsed electroporation field (nsPEF) results in permeabilization of cell membranes, including intracellular membranes with the loss of mitochondrial and nuclear membranes potential. It is the application of extremely high voltage (up to 300 kV/cm) in very short (10 ns) pulses [38].

The most extensively developed method is irreversible electroporation (IRE) using microsecond pulses of electric fields up to 2 kV/cm, via electrodes placed directly in the tumor. Until now, the efficacy of only a few drugs (bleomycin, cisplatin, gemcitabine) has been proven to be effective in clinical practice.

Discussion

Locally advanced pancreatic cancer is defined as a non-metastatic tumor that broadly adheres > 180° to major arteries in the pancreatic field, including aorta, celiac trunk, superior mesenteric artery or with unreconstructable involvement of superior mesenteric vein or portal vein. The presence of these features disqualify the tumor from primary radical resection. It applies to 25% of all pancreatic cancers [2]. The median overall survival rate in untreated LAPC is ranging from 5 to 11 months [39].

Chemotherapy remains the standard treatment of LAPC. In the past decade, the introduction of FOLFIRINOX (leucovorin, 5-fluorouracil, irinotecan, and oxaliplatin) and gemcitabine/nab-paclitaxel have prolonged the overall survival rate. Multiple trials are analyzing those two regimens. In the recently published study, Chan *et al.* have compared the overall survival time of 334 patients with LAPC in patients who received FOLFIRINOX vs. gemcitabine/nab-paclitaxel, showing 13.2 vs. 8.1 months adequately [40]. The goal of chemotherapy is to downsize the tumor and infiltration of surrounding vessels.

After completing neoadjuvant chemotherapy, restaging is performed according to Response Evaluation Criteria in Solid Tumors – RECIST 1.1 criteria based on CT imaging as standard.

However, there are research studies showing the superiority of Choi criteria (which additionally include tissue density analysis) and Positron Emission Tomography Response Criteria in Solid Tumors – PERCIST. In one of them, Granata *et al.* have compared results of restaging analyzed according to RECIST, Cho criteria, and PERCIST in 18 patients with LAPC. In RECIST evaluation based on CT images, 1 of 18 patients showed progression; in others stable disease was observed, whereas according to Choi criteria all patients showed partial response. PET-FDG was performed in 10 patients from this group, in evalu-

ation based on PERCIST criteria patients showed partial response (6/10), stable disease (3/10) and progression disease (1/10). Moreover, the authors point out the potential role of MR in restaging, which enables the assessment of perfusion and diffusion [41]. Garcia-Figueiras *et al.* even suggest that MRI should become the modality of choice in the evaluation of solid tumors treatment effectiveness [42].

If regression is observed in restaging, the patient is suitable for surgery. In case of progression, further palliative options could be provided, including pain relief.

In the group of patients with partial response or non-progressive disease, ablative techniques can be offered. The application of these methods can lead to cytoreduction as well as local tumor control.

Irreversible electroporation is a relatively new, non-thermal ablative method that has been used in local treatment of focal lesions in kidneys, liver, prostate, lung, bones [43-45]. IRE induces electric pulses to cause damage to the cell membrane leading to apoptosis without the destruction of stroma. The preservation of stroma is the major advantage of IRE, as the pancreatic field is especially rich in structures like vessels, nerves, and bile ducts. As a non-thermal method, IRE does not show the heat-sink effect. These features distinguish IRE from thermal ablative treatments as radio frequency ablation, cryoablation, high intensity focused ultrasound, radiotherapy, and microwave ablation.

Nonetheless, researchers have noticed signs of thermal effect after IRE [46,47]. Fareja *et al.* have concluded that the thermal effect risk increases with the dose of energy used within the procedure; It is seen as coagulation rim close to the placement of the electrodes and on the borders of ablation zone [48].

IRE can be performed during open surgery, laparoscopic, or percutaneously under imaging guidance. Open surgery is preferred in the majority of published studies; it also enables the detection of peritoneal metastases. Another option is to perform the procedure during open surgery as adjuvant therapy to primary resection [49,50]. There is a growing trend in using percutaneous access, as it is less invasive and better tolerable by patients [51]. The most common complication after IRE is acute pancreatitis, resulting in abdominal pain in the first days after the procedure. More severe complications include the development of pancreatic fistula, duodenal perforation, bile leak, hemorrhage, and portal vein thrombosis [52]. Moris *et al.* have analyzed the Clavien-Dindo grade III or higher complications after IRE, comparing open, laparoscopic, and percutaneous procedure, where surprisingly, they were the most frequent in laparoscopic approach. The least procedure related morbidity was observed in the percutaneous approach [53].

The standard imaging method for follow-up after IRE is CT. However, as mentioned above, MRI could provide more information on processes occurring in the ablation zone, effects of treatment, and show possible progression signs.

The median overall survival rate after IRE procedure is estimated between 10 and 27 months among studies [54].

The heterogeneity of LAPC may impact the evaluation of IRE effectiveness. Hypothetically, patients qualified for IRE may have a longer survival rate because of fewer risk factors. He *et al.* have compared the survival rate in patients after IRE with induction chemotherapy or chemotherapy alone. To avoid the differences between these groups that might impact the results, the Propensity Score Matching analysis was performed; 2 year overall survival was 57.9% in the first group vs. 18.1% in second group. Analogically, 2 year progression free survival was 31.4% vs. 7.1% [55].

In prospective PANFIRE II study, authors have compared the overall survival differences in patients who underwent IRE with or without systemic therapy. There were no survival benefits between the participants who have received FOLFIRINOX, gemcitabine, or no chemotherapy at all, suggesting that IRE was the most important factor in improved survival [56].

As IRE is causing the cell membranes permeability, it is possible to provide very high doses of chemotherapeutics parallel among the procedure. It will increase the drug concentration within the tumor without general toxicity and may improve the outcomes of systemic treatment. This is the background of electrochemotherapy [57,58].

Irreversible electroporation is proven to stimulate the immune system.

In the study by He *et al.*, immune parameters were evaluated in patients after IRE. The results showed a transitory decrease, followed by a steady increase for CD4+ T cell, CD8+ T cell, NK cell, IL-2, C3, C4, and IgG. The opposite trend was seen for Treg cell, IL-6, and IL-10. It proves the immunomodulatory effect of IRE, which is caused by mild pancreatic inflammation after the procedure and probably the lysis of damaged cells. It was also conducted that CD8+ T cells may be a potentially prognostic parameter for overall survival and progression-free survival [59]. The consistent results were observed by Scheffer *et al.* with the conclusion that IRE may enable the application of immunotherapy, resulting in „in vivo vaccination” [60]. The study based on murine orthotopic pancreatic ductal adenocarcinoma provided encouraging data on the combination of IRE and anti-programmed cell death protein 1, which leads to selective tumor infiltration by CD8+ T cells and significantly prolongs survival [61].

Pain palliation

The majority of patients with pancreatic cancer experience pain as a prominent symptom, which impacts their quality of life. The pain in pancreatic cancer is predominantly localized in epigastrium, right upper quadrant, or in the back. Etiology is complex, including pancreatic duct blockage, increased parenchymal pressure, superimposed pancreatic inflammation in the tumor bed, and the most important factor – neuropathic pain associated with the infiltration of nerves [62].

Vascularization of the tumor and the growth of new nerve fibers with tumor progression intensifies the pain [63]. The psychological complex is also significant [64].

As the pain sensation is subjective, it can be evaluated and standardized by several tests and questionnaires. The most popular is Visual Analogue Scale (VAS), for pain assessment it uses a straight line with two endpoints defining „no pain” (= 0) and „the most unbearable pain” (= 100); the score is determined by choosing the point representing the current pain intensity [65]. Another widely used quality of life questionnaire is the European Organization for Research and Treatment Center Quality of Life Questionnaire C30 (EORTC QLQ-C30), with 30 assessable items divided into 15 modules of different aspects of quality of life including syndrome severity, global health status and functional assessment [66].

The conservative treatment of pain in pancreatic cancer is based on analgesic ladder rules, starting with non-opioid drugs like paracetamol, ibuprofen through weak opioids like tramadol and codeine to opiates as morphine, oxycodone, buprenorphine [67]. Vargas-Schaffer has discussed the limitations of the WHO analgesic ladder, including the fact that it could be less effective in neuropathic pain, which is dominant in pancreatic cancer [68]. The pharmacological management for chronic neuropathic pain was published by the International Association for the Study of Pain in 2007, with application of selective serotonin-norepinephrine reuptake inhibitors (SSNRI) and gabapentinoids [69]. Analgesics, in some cases, do not provide the satisfactory pain reduction, whereas they cause numerous side effects like dizziness, constipation, nausea, dyspepsia, anorexia, and more [70]. These symptoms may diminish the patient’s quality of life. Sharifi *et al.* reviewed the literature focusing on the potential use of cannabinoids in the treatment of pancreatic cancer and concluded that they might regulate the perception of pain as well as reduce tumor growth and invasion, inhibit angiogenesis, and lead to tumor cell death [71].

The invasive remedies include neurolytic coeliac plexus block (NCPB), thoracoscopic splanchnicectomy (TS), and rhizotomy. These methods were reviewed by Dobosz *et al.* and showed satisfactory results. However, the authors remarked that these procedures are used mostly among with the higher level of analgesic ladder drugs, resulting in the insufficient effects and higher complications rate [72]. Chemotherapy also has a potential to reduce pain in pancreatic cancer. The systematic review by Kristensen *et al.* concluded that chemotherapy with gemcitabine might lead to significant pain reduction in the majority of analyzed papers [73].

Ablative therapies that are feasible for the pancreatic field can cause local tumor control and pain relief. In comparison with other ablation techniques, IRE is characterized by shorter ablation time, which can diminish the rate of complications and postprocedural pain [74]. There are not many reports in literature focusing on pain

relief after IRE procedure. The work by Martin *et al.* shows promising results that support IRE in pain management. In 90 days follow-up after IRE in 27 patients, the median fentanyl intake decreased from 75 µg to 25 µg [75].

The study of Scheffer *et al.* showed that up to 6 months after the procedure, the pain was moderately reduced, but after that time, it increased significantly, what was linked with the tumor regrowth [76]. Field *et al.* reported the strongest pain sensation among patients in 3 months post IRE, which decreased 6 months post IRE. There was no significant difference in pain perception between 1 month and 6 months after the procedure. However, the authors underline the relativity of patients reflects on symptom severity and subjectivity of used questionnaires [51].

Marsanic *et al.* has observed improved pain control after IRE in LAPC patients [77].

Conclusions

Irreversible electroporation should be considered as non-radical local ablative treatment feasible for locally

advanced pancreatic cancer management. Irreversible electroporation is causing a small thermal effect in high voltage settings. A combination of intraprocedural chemotherapy and electrotherapy may increase the effectiveness of those two regimens and may be a future perspective for this group of patients. Irreversible electroporation creates a window for immunotherapy, which could enhance the treatment outcomes. For staging and restaging Choi criteria and PERCIST should be considered. The application of MRI as a follow-up study could provide more information on the ablation zone, including early signs of recurrent disease.

Although the provided data are showing promising results, more prospective clinical trials on electrochemotherapy and immunotherapy are needed, especially in the experienced research centers.

Conflicts of interest

The authors report no conflict of interest.

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